



1-5 APRIL 2026 | EVENTS & ACTIVITIES

			WEDNESDAY 1ST	THURSDAY 2ND	FRIDAY 3RD	SATURDAY 4TH	SUNDAY 5TH
HIGHLIGHT			AM TRIP - POTTERY PAINTING	AM CHURCH SERVICE	PM EASTER BINGO	PM EASTER EGG HUNT	AM CHURCH SERVICE
ACTIVITIES			AM Trip - Pottery Painting Bingo PM Easter Crafts Quiz	AM Morning Stroll Movie Morning PM Church Service Zimmer Zumba	AM Easter Quiz Seed Sowing PM Hot Cross Buns & Chat Easter Bingo	AM Easter Movie Easter Word In A Word PM Easter Egg Hunt Easter Bunny Visit	AM Church Service TV Easter Service PM Magician Visit
CINEMA			Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT			10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA			10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	

HIGHLIGHT: 4TH APRIL 2026 - EASTER EGG HUNT
WEEK 1



6 - 12 APRIL 2026 | EVENTS & ACTIVITIES

	MONDAY 6TH	TUESDAY 7TH	WEDNESDAY 8TH	THURSDAY 9TH	FRIDAY 10TH	SATURDAY 11TH	SUNDAY 12TH
HIGHLIGHT	AM TRIP - PUB LUNCH	PM AFTERNOON STROLL	PM TRIP - DUXFORD MUSEUM	AM RISE SPORTS	PM MUSICAL ENTERTAINMENT	AM VITALITY CLASS	AM CHURCH SERVICE
ACTIVITIES	<p>AM Knit & Natter Ball Games</p> <p>PM Trip - Pub Lunch Baking Club</p>	<p>AM Arts & Crafts Quiz</p> <p>PM Mobility Games Afternoon Stroll</p>	<p>AM Trip - Duxford Museum Bingo</p> <p>PM Creative Mojo Karaoke</p>	<p>AM Rise Sports Card Games</p> <p>PM Ball & Balloon Games Zimmer Zumba</p>	<p>AM Morning Stroll Wordsearches & Crosswords</p> <p>PM Musical Entertainment</p>	<p>AM Vitality Class Horse Bingo</p> <p>PM Grand National Card Games</p>	<p>AM Church Service Parachute Games</p> <p>PM Arts & Crafts Puzzles</p>
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>	<p>10.30AM - 12.30PM 1-to-1 w/Lewis</p>	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>		<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>10.30AM - 12.30PM 1-to-1 w/Lewis</p> <p>1.30PM - 2.30PM 1-to-1 w/Jane</p>		
SALON/SPA	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>9.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Spa Therapy</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 1.00PM Spa Therapy</p>	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p>	



13-19 APRIL 2026 | EVENTS & ACTIVITIES

	MONDAY 13TH	TUESDAY 14TH	WEDNESDAY 15TH	THURSDAY 16TH	FRIDAY 17TH	SATURDAY 18TH	SUNDAY 19TH
HIGHLIGHT	AM TRIP - THE FRIARS	PM EDDIE THE DONKEY VISIT	AM TRIP - CHATHAM DOCKYARD	PM LEIGH ACADEMY TEA PARTY	PM KIDDLEY DIVEY	PM COFFEE & CHAT	AM CHURCH SERVICE
ACTIVITIES	<p>AM Trip - The Friars Sensory Music</p> <p>PM Farm Bingo Afternoon Stroll</p>	<p>AM Chair Yoga Balloon Tennis</p> <p>PM Eddie The Donkey Visit Movie Matinee</p>	<p>AM Trip - Chatham Dockyard Quiz</p> <p>PM Musical Entertainment</p>	<p>AM Morning Stroll Mobility Games</p> <p>PM Leigh Academy Tea Party</p>	<p>AM Arts & Crafts Board Games</p> <p>PM Kiddley Divey Baking Club</p>	<p>AM Vitality Class Knit & Natter</p> <p>PM Coffee & Chat Karaoke</p>	<p>AM Church Service Word Games</p> <p>PM Sunday Song Requests Zimmer Zumba</p>
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>	<p>10.30AM - 12.30PM 1-to-1 w/Lewis</p>	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>		<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>10.30AM - 12.30PM 1-to-1 w/Lewis</p> <p>1.30PM - 2.30PM 1-to-1 w/Jane</p>		
SALON/SPA	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>9.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Spa Therapy</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 1.00PM Spa Therapy</p>	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p>	



20-26 APRIL 2026 | EVENTS & ACTIVITIES

	MONDAY 20TH	TUESDAY 21ST	WEDNESDAY 22ND	THURSDAY 23RD	FRIDAY 24TH	SATURDAY 25TH	SUNDAY 26TH
HIGHLIGHT	AM TRIP - KENT LIFE	AM SEWING WORKSHOP	AM TRIP - SISSINGHURST CASTLE GARDEN	AM ST GEORGE'S DAY ENTERTAINMENT	AM DRUM THERAPY	PM DISCO	AM CHURCH SERVICE
ACTIVITIES	<p>AM Trip - Kent Life Blow Table Football</p> <p>PM Pipecleaner Modelling Picture Quiz</p>	<p>AM Sewing Workshop Water Painting</p> <p>PM Rise Sports Table Curling</p>	<p>AM Trip - Sissinghurst Castle Garden Nursery School Visit</p> <p>PM Creative Mojo Afternoon Stroll</p>	<p>AM St George's Day Musical Entertainment</p> <p>PM Ball Games English History Quiz</p>	<p>AM Arts & Crafts - Balloon Modelling Morning Stroll</p> <p>PM Bingo Garden Activities</p>	<p>AM Pairs Arts & Crafts</p> <p>PM Disco</p>	<p>AM Church Service Vitality Class</p> <p>PM Coffee & Chat Sunday Matinee</p>
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>	<p>10.30AM - 12.30PM 1-to-1 w/Lewis</p>	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>		<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>10.30AM - 12.30PM 1-to-1 w/Lewis</p> <p>1.30PM - 2.30PM 1-to-1 w/Jane</p>		
SALON/SPA	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>9.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Spa Therapy</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 1.00PM Spa Therapy</p>	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p>	



27-30 APRIL 2026 | EVENTS & ACTIVITIES

	MONDAY 27TH	TUESDAY 28TH	WEDNESDAY 29TH	THURSDAY 30TH			
HIGHLIGHT	AM TRIP - BUCKINGHAM PALACE	AM CHAIR YOGA	AM TRIP - DANS PARK	PM BAKING CLUB - OATMEAL COOKIES			
ACTIVITIES	<p>AM Trip - Buckingham Palace Movie Morning</p> <p>PM Afternoon Stroll Who Am I?</p>	<p>AM Chair Yoga Sensory Music</p> <p>PM Mobility Games Musical Entertainment</p>	<p>AM Trip - Dans Park Arts & Crafts</p> <p>PM Song Requests Flower Arranging</p>	<p>AM Morning Stroll Board Games</p> <p>PM Garden Activities Baking Club - Cookies</p>			
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing			
BRIDGEFIT	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>	<p>10.30AM - 12.30PM 1-to-1 w/Lewis</p>	<p>10AM Wellbeing Talk 1st Floor</p> <p>10.30AM - 11.15AM BridgeFit 1st Floor</p> <p>11.20AM - 12.00PM BridgeFit 2nd Floor</p> <p>12.00PM - 12.30PM 1-to-1 w/Jane 2nd Floor</p> <p>1.30PM - 3.30PM 1-to-1 w/Jane</p>				
SALON/SPA	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>9.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 3.00PM Spa Therapy</p> <p>9.00AM - 3.00PM Nail Technician</p>	<p>10.00AM - 4.00PM Hairdresser</p> <p>9.00AM - 1.00PM Spa Therapy</p>	<p>9.00AM - 2.30PM Hairdresser</p> <p>9.00AM - 3.00PM Nail Technician</p>			