



1-2 NOVEMBER 2025 | EVENTS & ACTIVITIES

						SATURDAY 1ST	SUNDAY 2ND
HIGHLIGHT						AM MUSICAL BINGO	AM CHURCH SERVICE
ACTIVITIES						AM 60's Sing-Along Musical Bingo PM What's In The Bag Reminiscing - Holidays	AM Church Service Memory Tray PM Sunday Matinee Board Games
CINEMA						Film Showing	Film Showing
BRIDGEFIT							
SALON/SPA						10.00AM - 4.00PM Hairdresser	



3 - 9 NOVEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 3RD	TUESDAY 4TH	WEDNESDAY 5TH	THURSDAY 6TH	FRIDAY 7TH	SATURDAY 8TH	SUNDAY 9TH
HIGHLIGHT	PM MUSICAL ENTERTAINMENT	PM TRIP - IVY LEAF DINNER	PM FIREWORKS NIGHT EVENT	AM TRIP - SILVERBIRCH LUNCH CLUB	PM CHEF DEMONSTRATION	AM KARAOKE	AM CHURCH SERVICE
ACTIVITIES	AM Card Games Balloon Tennis PM Musical Entertainment	AM Chair Yoga Arts & Crafts PM Trip - Ivy Leaf Dinner Word Association	AM Guess Who? Water Painting PM Creative Mojo FIREWORKS NIGHT	AM Trip - Silverbirch Lunch Musical Film PM Church Service Zimmer Zumba	AM Sewing Workshop Farm Bingo PM Chef Demonstration Music Quiz	AM Saturday AM Pictures Karaoke PM 1-to-1 Sessions Board Games	AM Church Service Armchair Travel - NYC PM Chinese Whispers Tea & Natter
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	

HIGHLIGHT: 5TH NOVEMBER 2025 - FIREWORKS NIGHT
WEEK 4



10-16 NOVEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 10TH	TUESDAY 11TH	WEDNESDAY 12TH	THURSDAY 13TH	FRIDAY 14TH	SATURDAY 15TH	SUNDAY 16TH
HIGHLIGHT	AM TRIP - POLHILL GARDEN CENTRE	AM REMEMBRANCE DAY PERFORMANCE	PM MUSICAL ENTERTAINMENT	PM ZIMMER ZUMBA	AM TRIP - BLUEWATER SHOPPING CENTRE	PM SING-ALONG SATURDAY	AM CHURCH SERVICE
ACTIVITIES	AM Trip - Polhill Garden Centre Musical Bingo PM Chef Demonstration Paint By Numbers	AM Remembrance Day Performance Kiddley Divey PM Wartime Memories	AM Arts & Crafts Board Games PM Musical Entertainment	AM Baking Club Puzzle Morning PM Zimmer Zumba Picture Quiz	AM Trip - Bluewater Table Top Games PM Friday Mocktails Children's Day	AM Christmas Card Making Memory Pairs PM Coffee & Papers Horse Racing	AM Church Service Sunday Matinee PM Musical Entertainment
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
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SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	



17-23 NOVEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 17TH	TUESDAY 18TH	WEDNESDAY 19TH	THURSDAY 20TH	FRIDAY 21ST	SATURDAY 22ND	SUNDAY 23RD
HIGHLIGHT	AM TRIP - BUTTERFLY GARDENS HALL PLACE	AM FLOWER ARRANGING	PM CREATIVE MOJO	AM MEMORY LANE MELODIES	PM FRIDAY MUSICAL	PM MUSICAL ENTERTAINMENT	AM CHURCH SERVICE
ACTIVITIES	AM Trip - Butterfly Gardens Hall Palace Scrabble PM Christmas Crafts Balloon Games	AM Chair Yoga Flower Arranging PM Pen Pal Writing Board Games	AM International Men's Day 1950's Memories PM Creative Mojo Scrapbooking	AM Memory Lane Melodies 70's Disco Music PM Chef Demonstration Zimmer Zumba	AM A Day In The Life - Activities Sensory Games PM Coffee, Cake, Catch Up Friday Musical	AM Arts & Crafts Movie Blockbuster PM Musical Entertainment	AM Church Service Coffee Morning PM Golden Oldies Karaoke Bingo
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
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WEEK 4



24 - 30 NOVEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 24TH	TUESDAY 25TH	WEDNESDAY 26TH	THURSDAY 27TH	FRIDAY 28TH	SATURDAY 29TH	SUNDAY 30TH
HIGHLIGHT	AM TRIP - CRAYFORD	AM ANIMAL ENCOUNTERS	PM CHEF DEMONSTRATION	PM MUSICAL ENTERTAINMENT	AM TRIP - POLAR EXPRESS EXPERIENCE	PM FAMILY QUIZ AFTERNOON	AM CHURCH SERVICE
ACTIVITIES	AM Trip - Crayford Festive Decorations PM Darts Name That Tune	AM Animal Encounters Festive Decorations PM Zimmer Zumba Puzzle Time	AM Reminiscing - School Festive Decorations PM Chef Demonstration Armchair Travel - London	AM Haberdashers Festive Decorations PM Musical Entertainment	AM Trip - Polar Express Festive Decorations PM Cheese & Wine Tasting In The Gallery Movie Afternoon	AM Classic Comedy Movie Water Painting PM Family Quiz Afternoon Sunday Puzzles	AM Church Service 1-to-1 Sessions PM Sunday Hymns Word Games
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
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