



THE BRIDGE

Issue. 07

Newsletter

October 2025

A Message From Demi

Dear Residents, Families, and Friends,

As the golden leaves of October begin to fall and the crisp autumn air settles in, I'd like to extend a warm welcome to this month's edition of our newsletter. Autumn is a season of change and reflection, and here at the Bridge, it brings a renewed sense of warmth, community, and celebration.

I'm delighted to share some exciting news — our middle and top floors are now at full occupancy! This is a wonderful milestone and a testament to the excellent care, luxury environment, and dedicated team we are so proud of. Thank you to everyone who has been part of this journey — your trust and support mean the world to us.

This month, we're embracing the spirit of the season with a rich programme of autumnal activities. Residents can look forward to harvest-themed crafts, seasonal baking sessions, live entertainment, and a touch of Halloween magic towards the end of the month. Our aim is always to create joyful, meaningful experiences that bring comfort and companionship.

I'd also like to extend my heartfelt thanks to our incredible staff, whose ongoing dedication ensures that our standards of care and hospitality remain second to none. Every day, their kindness and professionalism shape the welcoming and luxurious atmosphere that defines The Bridge.

As always, please don't hesitate to reach out if you have any feedback or just want to stop by for a chat. We love hearing from you.

Wishing you all a cozy, colourful, and joy-filled October.

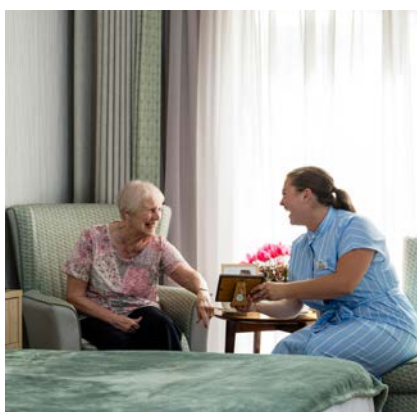
Demi Fuller

Home Manager

Lifestyle Photoshoot

We recently had a lifestyle photoshoot at The Bridge, and our residents were absolute superstars! From enjoying a luxurious spa facial and private dining with friends to relaxing with a film in our cinema, we captured everyday moments that showcase the vibrant life at The Bridge.

A huge thank you to everyone who took part — your smiles and enthusiasm truly brought the photos to life!



Resident Highlights



Resident of the month

Reg Howard

Reg recently celebrated his 100th birthday! Born in 1925, Reg served in the Royal Navy during WWII and later spent 49 years at the Daily Telegraph. He remains active in daily activities, demonstrating his enduring spirit and sense of humour.

Resident of the month

Vinnett

Vinnett has made incredible strides in her fitness journey, improving strength, mobility, and balance. Her dedication to group sessions like Bridgefit inspires fellow residents.



Resident of the month

Karen

Karen has achieved remarkable progress in mobility and independence, now walking along the corridor to attend gym sessions. Her positivity and perseverance are truly inspiring.



Trips & Outings

Buckingham Palace



Ruxley Garden Centre



Hever Castle





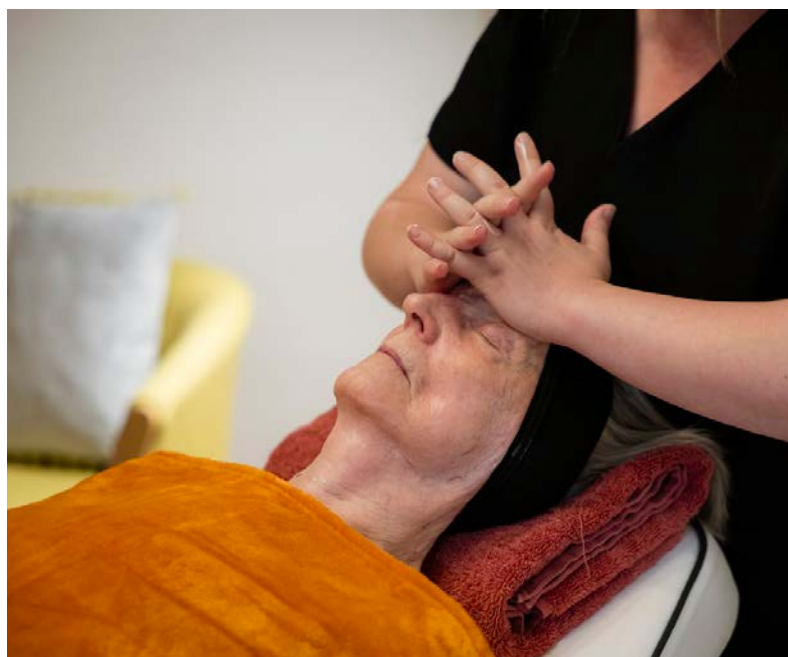
Boat Trip



Meet The Team

Faith, Beauty Therapist

Meet Faith our beauty therapist at The Bridge. Faith brings over a decade of spa experience and is passionate about delivering high-quality, compassionate treatments for residents. Outside of work, she enjoys time with her children, Theo and Rose.





Dining

Dish of the Month: Fillet Steak

Tender fillet steak with garlic herb butter, mashed potato, and seasonal vegetables — a classic favourite chosen by residents.

"Fillet steak is all about quality and care — cooked gently, rested properly, and served simply to let the flavour shine. It's a reminder of special occasions or Sunday lunches."
– Hayley Cook

Resident-Led Dining: Behind the Scenes

Our Resident Dining Forum ensures residents' feedback shapes seasonal menus. Recent suggestions, like toasted pine nuts and sage, have been added to autumn dishes.



Next Resident Food Forum: Monday 12th January 2026, 2:00 PM, Bistro Lounge

Important Dining Guidelines

- Main meals must be ordered by 11:00am.
- Bistro menu available daily until 5:30pm.
- Fine dining requires 1-week notice, max 8 people including 1 resident.
- Sunday lunch: 15 extra spaces, book by 11am.

Please note: Guidelines are strictly upheld to ensure fairness and quality.

Famileo

Famileo is a private and secure communication platform designed for care homes, turning family updates and photos into a printed, personalised newspaper — perfect for residents who prefer something tangible over digital devices.

How it works:

Families send messages and pictures via the Famileo app or website, which are then compiled into a “Gazette” delivered weekly or bi-weekly to residents at The Bridge.

Key Benefits

- Keeps residents connected with family, even from afar
- Boosts emotional wellbeing and reduces feelings of isolation
- Encourages memory recall and conversation
- Easy for families of all ages to use
- Creates a cherished keepsake residents can enjoy.

Awards & Recognition

We are finalists in the South Region Care Awards in two categories: “Putting People First” and “Care Innovator.” Winners will be announced on 14th November.

We recognise team members each month for exceptional dedication. Recent winners:



Employees of the Month

September	Akhil & Eleanor (Care)
August	Agi (Facilities Manager) Ellie (Hospitality)
July	Ashley (Hairdresser) Sharon (Care)

Friendly Reminders

Dates for Your Diary

Relatives' Meetings

We warmly invite you to attend and share your thoughts, ask questions, and hear updates about life at The Bridge.

- 28th October 6pm all where Christmas plans will be discussed.



This Month in History

October 1952 – Tea Rationing Ends in Britain. After 12 long years of rationing, Britons could finally enjoy their tea freely again in October 1952. This simple joy marked a turning point after the hardships of wartime – a return to comforting routines and beloved traditions.

A Resident's Reflection

"I remember the excitement when tea rationing ended – we all felt like life was beginning to feel normal again."

– Eileen



Upcoming Events



Halloween Party
31st October



Guy Fawkes
5th November



Christmas Fete
13th December

What People Are Saying!

We're grateful for the wonderful reviews on [Carehome.co.uk](https://carehome.co.uk) and Google. Your feedback is invaluable to us! Please take a moment to share your experience. Thank you for being a part of The Bridge Care Home community.



The Bridge Care Home

"Lovely, friendly staff. My nan is really happy here. Home put on a lovely meal for our family for my nans birthday. Cant fault anyone. Home very clean and organised."



- carehome.co.uk review