



1-7 SEPTEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 1ST	TUESDAY 2ND	WEDNESDAY 3RD	THURSDAY 4TH	FRIDAY 5TH	SATURDAY 6TH	SUNDAY 7TH
HIGHLIGHT	AM TRIP - BUTTERCUPS GOAT SANCTUARY	AM SIMPLY SENSORY	PM WALK & TALK	PM CHURCH SERVICE IN THE HOME	AM TRIP - MEDWAY RIVER CRUISE	AM COFFEE MORNING	PM MOVIES IN PLAYHOUSE CINEMA
ACTIVITIES	AM Trip - Buttercups Sanctuary for Goats Baking Club PM Arts & Crafts World Letter Writing - Pen Pals	AM Word Games Simple Sensory PM Zimmer Zumba Mindfulness	AM Puzzle Morning Table Top Games PM Walk & Talk Karaoke	AM Guess That Tune National Wildlife Day PM Church Service Boules	AM Trip - Medway River Cruise 1-to-1 Sessions PM Chef Demonstration Match The Memory	AM Coffee Morning in the Garden & Games PM Bingo in The Gallery Cheese & Wine	AM Church Service National Feel the Love Day Session PM Cinema Afternoon Giant Games
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	

WEEK 1



8 - 14 SEPTEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 8TH	TUESDAY 9TH	WEDNESDAY 10TH	THURSDAY 11TH	FRIDAY 12TH	SATURDAY 13TH	SUNDAY 14TH
HIGHLIGHT	AM SENSORY SESSION	PM KIDDLEY DIVEY SESSION	AM CREATIVE MOJO	AM TRIP - SHOPPING MORNING	AM TRIP - BUCKINGHAM PALACE	PM SPORTS DAY AFTERNOON	PM MUSICAL ENTERTAINMENT
ACTIVITIES	AM Music Appreciation Sensory Session PM Wheel of Fortune Garden Walk	AM Emergency Services - Thank You Cards Who Wants To Be A Billionaire? PM Kiddley Divey Session Children's Group Visist	AM Arts & Crafts - Memory Boxes Creative Mojo PM Reminiscence Afternoon	AM Trip - Shopping Morning Arts & Crafts PM Chef Demonstration Zimmer Zumba	AM Trip - Buckingham Palace 1-to-1 Sessions PM Gentle Gardening Music Appreciation	AM Horse Racing Game Walk & Talk PM The Bridge Sports Day Afternoon	AM Church Service 1-to-1 Sessions PM Musical Entertainment Social Hub
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	



15 - 21 SEPTEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 15TH	TUESDAY 16TH	WEDNESDAY 17TH	THURSDAY 18TH	FRIDAY 19TH	SATURDAY 20TH	SUNDAY 21ST
HIGHLIGHT	PM MUSICAL ENTERTAINMENT	AM SIMPLY SENSORY	AM TRIP - RIVERHILL HIMALAYAN GARDENS	PM JUST DANCE WITH BERENICE	AM TRIP - HEVER CASTLE AUTUMN CRAFT FAIR	PM FAMILY QUIZ AFTERNOON	PM WORLD ALZHEIMER'S DAY TEA PARTY
ACTIVITIES	AM Make Your Own Session Baking Club PM Musical Entertainment for Battle of Britain	AM Table Top Games Simply Sensory PM Zimmer Zumba Mindfulness	AM Trip - Riverhill Himalayan Gardens PM Arts & Crafts Balloon Badminton	AM Mobility Games A Day in the Life - Laundry PM Just Dance - Berenice Board Games Café	AM Trip - Hever Castle Autumn Craft Fair What's In The News? PM Chef Demonstration Games Competition	AM Morning Strolls Cocktail Making PM Family Quiz Afternoon in the Gallery	AM Church Service Coffee Morning & Catch Up PM World Alzheimer's Day Afternoon Tea Party
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
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22-28 SEPTEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 22ND	TUESDAY 23RD	WEDNESDAY 24TH	THURSDAY 25TH	FRIDAY 26TH	SATURDAY 27TH	SUNDAY 28TH
HIGHLIGHT	AM TRIP - ROYAL OBSERVATORY	PM MUSICAL ENTERTAINMENT	PM CREATIVE MOJO	PM MUSICAL ENTERTAINMENT	PM TRIP - LOCAL PUB SOCIAL OUTING	1.30PM WILD WESTERN AFTERNOON	AM CHURCH SERVICE
ACTIVITIES	AM Trip - Planetarium Show Word In A Word Game PM Arts & Crafts - Autumn Autumn Nature Walk	AM Make My Own Session The Bridge Games Competition PM Musical Entertainment Ice Cream Floats	AM Music Appreciation 1-to1 Sessions PM Creative Mojo A Day In The Life - Gallery	AM Scrapbooking Baking Club PM Musical Entertainment Walk & Talk	AM Matching Memories Cinema Morning PM Trip - Local Pub Social Outing Chef Demonstration	AM Tourism Day - Armchair Travel Music Morning PM WILD WESTERN AFTERNOON EVENT	AM Church Service Coffee Morning PM Karaoke Social Hub in the Gallery
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
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HIGHLIGHT: 27TH SEPTEMBER 2025 - WILD WESTERN AFTERNOON
WEEK 4



29 – 30 SEPTEMBER 2025 | EVENTS & ACTIVITIES

	MONDAY 29TH	TUESDAY 30TH					
HIGHLIGHT	AM TRIP - LONDON MUSEUM DOCKLANDS	AM SIMPLY SENSORY					
ACTIVITIES	AM Trip - London Museum Docklands 1-to1 Sessions PM Arts & Crafts A Day In The Life - Kitchen	AM Reminiscence Morning Simply Sensory PM Chef Demonstration Zimmer Zumba					
CINEMA	Film Showing	Film Showing					
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis					
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