



1 - 3 AUGUST 2025 | EVENTS & ACTIVITIES

					FRIDAY 1ST	SATURDAY 2ND	SUNDAY 3RD
HIGHLIGHT					AM TRIP - KENT EAST & SUSSEX RAILWAY	PM COFFEE MORNING	AM SOCIAL HUB IN THE GALLERY
ACTIVITIES					AM Trip - Kent East & Sussex Railway Mobility Games PM International Beer Day Celebration 1-to-1 Sessions	AM Coffee Morning Bingo PM Gardening Karaoke	AM Church Service Social Hub in the Gallery PM Cake Decorating Garden Games
CINEMA					Film Showing	Film Showing	Film Showing
BRIDGEFIT					10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA					9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	



4-10 AUGUST 2025 | EVENTS & ACTIVITIES

	MONDAY 4TH	TUESDAY 5TH	WEDNESDAY 6TH	THURSDAY 7TH	FRIDAY 8TH	SATURDAY 9TH	SUNDAY 10TH
HIGHLIGHT	AM MUSICAL ENTERTAINMENT	AM TRIP - BOWLING	PM MOVIE AFTERNOON IN PLAYHOUSE CINEMA	AM TRIP - ST JOHNS SILVER BIRCH LUNCH	PM CREATIVE MOJO ARTS & CRAFTS	PM COCKTAILS & MOCKTAILS	PM HAPPY HOUR & GAMES
ACTIVITIES	AM Giant Board Games Armchair Travel PM Musical Entertainment 1-to-1 Sessions	AM Trip - Bowling Simple Sensory PM Zimmer Zumba Mindfulness	AM Arts & Crafts Men's Club PM Ice Cream Floats Movie Afternoon in Playhouse Cinema	AM Family History Session St Johns Silver Birch Lunch PM Church Service Flower Arranging	AM Word Games Music Appreciation PM Creative Mojo Arts & Crafts Cluck & Care	AM A Day in the Life Arts & Crafts PM Pub Quiz Cocktails & Mocktails in the Gallery	AM Church Service Walk & Talk PM Gardening Happy Hour & Games
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	



11-17 AUGUST 2025 | EVENTS & ACTIVITIES

	MONDAY 11TH	TUESDAY 12TH	WEDNESDAY 13TH	THURSDAY 14TH	FRIDAY 15TH	SATURDAY 16TH	SUNDAY 17TH
HIGHLIGHT	PM TRIP - CANTERBURY CATHEDRAL	AM ANIMAL ENCOUNTERS	PM GOLF IN THE GARDEN	AM MUSICAL ENTERTAINMENT	AM TRIP - EAGLE HEIGHTS WILDLIFE	PM ROCK 'N' ROLL MUSIC AFTERNOON	PM HAPPY HOUR SOCIAL IN THE GALLERY
ACTIVITIES	AM Trip - Canterbury Cathedral Sensory Session PM A Day in the Life Scrapbooking	AM Fun with Games Animal Encounters PM Chef Demonstration Guess That Tune	AM Arts & Crafts Ladies' Lunching PM Make Your Own Golf in the Garden	AM Musical Entertainment Word Games Baking Club PM 1-to1 Sessions Zimmer Zumba	AM Trip - Eagle Heights Wildlife Foundation Wheel of Fortune PM Giant Games Arts & Crafts	AM Walk & Talk Summer Crafts PM Rock 'n' Roll Music Afternoon 1-to1 Sessions	AM Church Service Documentaries & Discussion PM Bingo Happy Hour Social in the Gallery
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician		10.00AM - 4.00PM Hairdresser	



18-24 AUGUST 2025 | EVENTS & ACTIVITIES

	MONDAY 18TH	TUESDAY 19TH	WEDNESDAY 20TH	THURSDAY 21ST	FRIDAY 22ND	SATURDAY 23RD	SUNDAY 24TH
HIGHLIGHT	AM TRIP - KENT BATTLE OF BRITIAN MUSEUM	AM SIMPLE SENSORY	AM JUST DANCE WITH BERENICE	AM TRIP - MEMORY LANE MELODIES CLUB	AM TRIP - WEALD OF KENT COUNTY CRAFT	2PM THE BRIDGE SUMMER FETE	AM CHURCH SERVICE
ACTIVITIES	AM Trip - Kent Battle of Britain Museum Arts & Crafts PM Mobility Games Music Appreciation	AM Board & Card Games Simple Sensory PM Chef Demonstration Karaoke	AM Giant Bowling A Trip Down Memory Lane PM Just Dance with Berenice Cheese & Wine	AM Trip - Memory Lane Melodies Club Board Games PM Armchair Travel Arts & Crafts	AM Trip - Weald of Kent County Craft 1-to1 Sessions PM Summer Wreath Making Show Your Best Moves	AM Coffee Morning & Social Hub 1-to1 Sessions PM THE BRIDGE SUMMER FETE	AM Church Service What's in the News? Chit Chat Group PM Movie Afternoon in Playhouse Cinema
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	

HIGHLIGHT: 23RD AUGUST 2025 - THE BRIDGE SUMMER FETE
WEEK 4



25 - 31 AUGUST 2025 | EVENTS & ACTIVITIES

	MONDAY 25TH	TUESDAY 26TH	WEDNESDAY 27TH	THURSDAY 28TH	FRIDAY 29TH	SATURDAY 30TH	SUNDAY 31ST
HIGHLIGHT	AM OUTDOOR GAMES	PM KIDDLEY DIVEY SESSION	AM TRIP - BUCKINGHAM PALACE	AM TRIP - DRIVING RANGE	AM SMOOTHIE MAKING	AM POTTERY MAKING & PAINITNG	AM SING-ALONG & SIPPING
ACTIVITIES	AM Outdoor Games A Trip Down Memory Lane PM A Day in the Life Baking Club	AM Arts & Crafts Music Appreciation PM Kiddley Divey Session Zimmer Zumba	AM Trip - Buckingham Palace Cluck & Care PM Sensory Session 1-to1 Sessions	AM Trip - Driving Range Balloon Badminton PM Chef Demonstration Make Your Own Session	AM Smoothie Making 3 In A Row PM At The Bridge Races Armchair Travel	AM Morning Walk Pottery Making & Painting PM Puzzles The Bridge Countdown	AM Table Top Games Sing-Along & Sipping PM Bingo Karaoke
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane	10.30AM - 12.30PM 1-to-1 w/Lewis	10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 12.00PM - 12.30PM 1-to-1 w/Jane 2 nd Floor 1.30PM - 3.30PM 1-to-1 w/Jane		10AM Wellbeing Talk 1 st Floor 10.30AM - 11.15AM BridgeFit 1 st Floor 11.20AM - 12.00PM BridgeFit 2 nd Floor 10.30AM - 12.30PM 1-to-1 w/Lewis 1.30PM - 2.30PM 1-to-1 w/Jane		
SALON/SPA	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 4.00PM Hairdresser 9.00AM - 3.00PM Spa Therapy 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser 9.00AM - 1.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	9.00AM - 2.30PM Hairdresser 9.00AM - 3.00PM Nail Technician	10.00AM - 4.00PM Hairdresser	