



1-6 JULY 2025 | EVENTS & ACTIVITIES

		TUESDAY 1ST	WEDNESDAY 2ND	THURSDAY 3RD	FRIDAY 4TH	SATURDAY 5TH	SUNDAY 6TH
HIGHLIGHT		AM TRIP - HEVER IN BLOOM	AM CREATIVE MOJO ARTS & CRAFTS	PM CHURCH SERVICE AT THE BRIDGE	AM KENT COUNTRY SHOW	PM SOCIAL HUB IN THE GALLERY	AM CHURCH SERVICE AT LOCAL CHURCH
ACTIVITIES		AM Trip - Hever in Bloom Outdoor Games  PM Zimmer Zumba Scrapbooking	AM What I Love About Me Board Games  PM Arts & Crafts Day in the Life - Maintenance	AM International Creative Week Session Wheel of Fortune  PM Church Service Flower Arranging	AM Kent Country Show Word Association Games  PM Chef Demonstration 1-to-1 Sessions	AM Tour de France Activity Cluck & Care  PM Outdoor Games Social Hub in the Gallery	AM Church Service at Local Church Gardening Club  PM Bingo Paint & Sip
CINEMA		Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT			10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.00AM BridgeFit 1st Floor  11.05AM - 11.35PM BridgeFit 2nd Floor  11.40AM - 12.30PM 1-to-1		
SALON/SPA		9.00AM - 2.30PM Hairdresser  9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy				



# 7-13 JULY 2025 | EVENTS & ACTIVITIES

	MONDAY 7TH	TUESDAY 8TH	WEDNESDAY 9TH	THURSDAY 10TH	FRIDAY 11TH	SATURDAY 12TH	SUNDAY 13TH
HIGHLIGHT	AM TRIP - STRAWBERRY PICKING	AM SIMPLY SENSORY	AM WIMBLEDON AT THE BRIDGE	PM TRIP - BLUEWATER SPRING EXHIBITION	AM MUSIC THERAPY	PM CAKE & NATTER IN THE GALLERY	AM WIMBLEDON FINAL VIEWING
ACTIVITIES	<b>AM</b> Trip - Strawberry Picking Table Top Games  <b>PM</b> Chef Demonstration - World Chocolate Day Card Games	<b>AM</b> Summer Wreath Making Simply Sensory  <b>PM</b> Men's Club Baking/Cooking Club	<b>AM</b> Wimbledon at The Bridge  <b>PM</b> Word in Word Game	<b>AM</b> Trip - Bluewater Spring Exhibition Zimmer Zumba  <b>PM</b> The Bridge Has Talent Create Your Own Session	<b>AM</b> Music Therapy Session A Day in the Life - Housekeeping  <b>PM</b> Giant Bowling Guess the Tine	<b>AM</b> Movie Morning Sensory Games  <b>PM</b> Summer Walk Cake & Natter	<b>AM</b> Church Service at Local Church Wimbledon Final on TV  <b>PM</b> Afternoon Tea Social Hub in The Gallery
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.00AM</b> BridgeFit 1st Floor  <b>11.05AM - 11.35PM</b> BridgeFit 2nd Floor  <b>11.40AM - 12.30PM</b> 1-to-1		
SALON/SPA	<b>9.00AM - 2.30PM</b> Hairdresser	<b>9.00AM - 2.30PM</b> Hairdresser  <b>9.00AM - 2.00PM</b> Spa Therapy	<b>9.00AM - 2.00PM</b> Spa Therapy				



14 - 20 JULY 2025 | EVENTS & ACTIVITIES

	MONDAY 14TH	TUESDAY 15TH	WEDNESDAY 16TH	THURSDAY 17TH	FRIDAY 18TH	SATURDAY 19TH	SUNDAY 20TH
HIGHLIGHT	PM OWL EXPERIENCE	AM TRIP - CHATHAM DOCKYARD	AM ARTS & CRAFTS	PM MUSICAL ENTERTAINMENT	AM TRIP - FARM & MINIATURE TRAIN	PM PIMM'S & PICNIC IN THE GARDEN	AM CHURCH SERVICE AT LOCAL CHURCH
ACTIVITIES	<div>AM Memory Games Summer Walk</div> <div>PM Owl Experience Social Hub</div>	<div>AM Trip - Chatham Dockyard Cluck &amp; Care</div> <div>PM The Price is Right Table Top Games</div>	<div>AM Arts &amp; Crafts Ladies' Club</div> <div>PM Chef Demonstration A Day in the Life - Reception</div>	<div>AM Making Summer Hats Gardening Club</div> <div>PM Musical Entertainment - The Petticoats Cheese &amp; Wine</div>	<div>AM Trip - Farm &amp; Miniature Train Visit 1-to1 Sessions</div> <div>PM Scrapbooking Golf in the Garden</div>	<div>AM Coffee &amp; Cake Morning A Trip Down Memory Lane</div> <div>PM Pimm's &amp; Picnic in the Garden Trivia &amp; Quiz</div>	<div>AM Church Service at Local Church Jewellery Making</div> <div>PM Bingo Karaoke</div>
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<div>10AM Wellbeing Check-In</div> <div>10.30AM - 11.15AM BridgeFit 1st Floor</div> <div>11.30AM - 12.00PM BridgeFit 2nd Floor</div> <div>1.30PM - 3.15PM 1-to-1/Group Gym Session</div>		<div>10AM Wellbeing Check-In</div> <div>10.30AM - 11.15AM BridgeFit 1st Floor</div> <div>11.30AM - 12.00PM BridgeFit 2nd Floor</div> <div>1.30PM - 3.15PM 1-to-1/Group Gym Session</div>		<div>10AM Wellbeing Check-In</div> <div>10.30AM - 11.00AM BridgeFit 1st Floor</div> <div>11.05AM - 11.35PM BridgeFit 2nd Floor</div> <div>11.40AM - 12.30PM 1-to-1</div>		
SALON/SPA	<div>9.00AM - 2.30PM Hairdresser</div>	<div>9.00AM - 2.30PM Hairdresser</div> <div>9.00AM - 2.00PM Spa Therapy</div>	<div>9.00AM - 2.00PM Spa Therapy</div>				



# 21-27 JULY 2025 | EVENTS & ACTIVITIES

	MONDAY 21ST	TUESDAY 22ND	WEDNESDAY 23RD	THURSDAY 24TH	FRIDAY 25TH	SATURDAY 26TH	SUNDAY 27TH
HIGHLIGHT	AM CRAZY GOLF	AM ZIMMER ZUMBA	PM MUSICAL ENTERTAINMENT	AM TRIP - SHOPPING MORNING	PM ANIMAL THERAPY	6PM-8PM HAWAIIAN EVENT WITH HULU DANCING	PM MUSICAL ENTERTAINMENT
ACTIVITIES	<b>AM</b> Crazy Golf Armchair Travel  <b>PM</b> A Day in the Life - Laundry Show Your Best Moves	<b>AM</b> Zimmer Zumba Meditation & Breathing  <b>PM</b> Chef Demonstration Countdown at The Bridge	<b>AM</b> Word Association 1-to-1 Sessions  <b>PM</b> Musical Entertainment with Hollie Blue Cheese & Wine	<b>AM</b> Trip - Shopping Morning Music Appreciation  <b>PM</b> Mobility Games Summer Walk	<b>AM</b> Arts & Crafts Memory Games  <b>PM</b> Animal Therapy Garden Games	<b>AM</b> What's in the News? Coffee & Natter  <b>PM</b> Hawaiian Event Hulu Dancing	<b>AM</b> Church Service at Local Church Social Hub  <b>PM</b> Musical Entertainment with Keeley Cake & Natter
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.00AM</b> BridgeFit 1st Floor  <b>11.05AM - 11.35PM</b> BridgeFit 2nd Floor  <b>11.40AM - 12.30PM</b> 1-to-1		
SALON/SPA	<b>9.00AM - 2.30PM</b> Hairdresser	<b>9.00AM - 2.30PM</b> Hairdresser  <b>9.00AM - 2.00PM</b> Spa Therapy	<b>9.00AM - 2.00PM</b> Spa Therapy				

HIGHLIGHT: 26TH JULY 2025 - HAWAIIAN EVENT  
WEEK 4



# 28-31 JULY 2025 | EVENTS & ACTIVITIES

	MONDAY 28TH	TUESDAY 29TH	WEDNESDAY 30TH	THURSDAY 31ST			
HIGHLIGHT	AM ARTS & CRAFTS	AM TRIP - PICNIC BY THE RIVER	PM CREATIVE MOJO ARTS & CRAFTS	AM TRIP - KENT EAST & SUSSEX RAILWAY			
ACTIVITIES	AM Arts & Crafts Mobility Games  PM Chef Demonstration A Trip Down Memory Lane	AM 1-to-1 Sessions Trip - Picnic by the River  PM Strictly Come Dancing Baking/Cooking Club	AM Zimmer Zumba Name That Tune  PM Arts & Crafts Table Top Games	AM Trip - Kent East & Sussex Railway Armchair Travel  PM Music Appreciation A Day in the Life - Kitchen			
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing			
BRIDGEFIT	10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session				
SALON/SPA	9.00AM - 2.30PM Hairdresser		9.00AM - 2.00PM Spa Therapy				