



1 JUNE 2025 | EVENTS & ACTIVITIES

							SUNDAY 1ST
HIGHLIGHT							AM COFFEE MORNING - GLOBAL PARENT DAY
ACTIVITIES							AM Coffee Morning - Global Parents Day Chair Tai Chi PM Music Appreciation Bingo
CINEMA							Live Church Service
BRIDGEFIT							
SALON/SPA							



2 - 8 JUNE 2025 | EVENTS & ACTIVITIES

	MONDAY 2ND	TUESDAY 3RD	WEDNESDAY 4TH	THURSDAY 5TH	FRIDAY 6TH	SATURDAY 7TH	SUNDAY 8TH
HIGHLIGHT	PM PONY THERAPY	AM TRIP - FENBELL INN PUB	AM CREATIVE MOJO ARTS & CRAFTS	PM TRIP - MAIDSTONE MUSEUM	AM D-DAY ARTS & CRAFTS	PM CHEESE & WINE IN THE GALLERY	AM CRAZY GOLF IN THE GARDEN
ACTIVITIES	AM National Age without Apology Month Session Perfume Making PM Pony Therapy Balloon Badminton	AM 1-to-1 Sessions Trip - Fenbell Inn Pub - Farm & Mini Train PM Cooking Club Kareoke	AM Giant Dominos Gardening Club PM Arts & Crafts Word in a Word Game	AM Trip - Maidstone Museum Planting Flowers PM Church Service Flower Arranging	AM D-Day Arts & Crafts Men's Club PM Chef Demonstration D-Day Reminiscence Afternoon	AM Knitting Circle Zimmer Zumba PM Pub Quiz Afternoon Cheese & Wine in the Gallery	AM Balloon Badminton Crazy Golf in the Garden PM World Ocean Day Arts & Crafts Meditation & Breathing
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Live Church Service
BRIDGEFIT	10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.00AM BridgeFit 1st Floor 11.05AM - 11.35PM BridgeFit 2nd Floor 11.40AM - 12.30PM 1-to-1		
SALON/SPA	9.00AM - 2.30PM Hairdresser	9.00AM - 2.30PM Hairdresser 9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy				

WEEK 2



9 - 15 JUNE 2025 | EVENTS & ACTIVITIES

	MONDAY 9TH	TUESDAY 10TH	WEDNESDAY 11TH	THURSDAY 12TH	FRIDAY 13TH	SATURDAY 14TH	SUNDAY 15TH
HIGHLIGHT	PM MUSICAL ENTERTAINMENT	AM SIMPLE SENSORY	AM TRIP - DANSON PARK	AM LADIES LUNCH	AM TRIP - POLHILL GARDEN CENTRE	PM OPEN MIC	PM FATHER'S DAY BEER & BBQ IN THE GARDEN
ACTIVITIES	AM Armchair Travel The King's Birthday PM Musical Entertainment with James Steen 1-to-1 Sessions	AM Arts & Crafts Simple Sensory PM Day in the Life - Housekeeping Cluck & Care (Chicks)	AM Trip - Danson Park Scrapbooking PM Giant Games Social Hub	AM Chair Yoga Ladies Lunch PM Chef Demonstration Karaoke	AM Trip - Garden Centre Trip Down Memory Lane PM Wheel of Fortune Games & Puzzles	AM Who Wants to be a Millionaire? Making Bird Houses PM Garden Games Open Mic	AM Bingo 1-to-1 Sessions PM Father's Day - Beer & BBQ in the Garden
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Trooping the Colour	Live Church Service
BRIDGEFIT	10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.00AM BridgeFit 1st Floor 11.05AM - 11.35PM BridgeFit 2nd Floor 11.40AM - 12.30PM 1-to-1		
SALON/SPA	9.00AM - 2.30PM Hairdresser	9.00AM - 2.30PM Hairdresser 9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy				

HIGHLIGHT: 15TH JUNE 2025 - FATHER'S DAY BEER & BBQ EVENT
WEEK 3



16 - 22 JUNE 2025 | EVENTS & ACTIVITIES

	MONDAY 16TH	TUESDAY 17TH	WEDNESDAY 18TH	THURSDAY 19TH	FRIDAY 20TH	SATURDAY 21ST	SUNDAY 22ND
HIGHLIGHT	AM TRIP - MEDWAY RIVER TOUR	PM MUSICAL ENTERTAINMENT	AM TRIP - PICNIC IN THE PARK	PM COCKTAILS & MOCKTAILS	PM ANIMAL THERAPY	PM BOULES	AM COFFEE MORNING
ACTIVITIES	AM Trip - Medway River Tour Day in the Life - Bistro PM Chef Demonstration Board & Word Games	AM Name that Tune Chair Horse Race PM Musical Entertainment with Ian Gallager 1-to-1 Sessions	AM Trip - Picnic in the Park Boules PM Gardening Club Music Appreciation	AM Armchair Travel Royal Ascot Rosettes PM Cocktails & Mocktails Giant Bowling	AM Design A Royal Ascot Horse Mobility Games PM Animal Therapy Pottery Painting	AM International Yoga Day Session World Music Session PM Boules Games & Puzzles	AM Coffee Morning Horse Race Game PM Garden Games & Cocktails What's in the Papers?
CINEMA	Film Showing	Royal Ascot	Royal Ascot	Royal Ascot	Royal Ascot	Royal Ascot	Live Church Service
BRIDGEFIT	10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.00AM BridgeFit 1st Floor 11.05AM - 11.35PM BridgeFit 2nd Floor 11.40AM - 12.30PM 1-to-1		
SALON/SPA	9.00AM - 2.30PM Hairdresser	9.00AM - 2.30PM Hairdresser 9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy				



23 - 29 JUNE 2025 | EVENTS & ACTIVITIES

	MONDAY 23RD	TUESDAY 24TH	WEDNESDAY 25TH	THURSDAY 26TH	FRIDAY 27TH	SATURDAY 28TH	SUNDAY 29TH
HIGHLIGHT	AM GROOVESTAR MUSIC SCHOOL	AM SIMPLE SENSORY	AM TRIP - CASTLE HILL LAVENDER FIELDS	PM MUSICAL ENTERTAINMENT	AM TRIP - SOUTHEND SEA CENTRE	AM ARMED FORCES COFFEE MORNING	PM MOVIE AFTERNOON
ACTIVITIES	AM Age UK - Open Doors Groovestar Music School PM Cluck & Care (Chicks) Social Hub	AM Match that Memory Simple Sensory PM Chef Demonstration Zimmer Zumba	AM Trip - Castle Hill Lavender Fields Writing About My Life PM Outdoor Games Karaoke	AM Your Own Session Day in the Life - Kitchen PM Musical Entertainment with The Petticoats Afternoon Tea	AM Trip - Southend Sea Centre 1-to-1 Sessions PM Sensory Session Card & Word Games	AM Armed Forces Coffee Morning Cake Decorating PM Bingo 1-to-1 Sessions	AM Creating Window Displays In the Papers PM Movie Afternoon in The Picture House Cinema
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Live Church Service
BRIDGEFIT	10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In 10.30AM - 11.00AM BridgeFit 1st Floor 11.05AM - 11.35PM BridgeFit 2nd Floor 11.40AM - 12.30PM 1-to-1		
SALON/SPA	9.00AM - 2.30PM Hairdresser		9.00AM - 2.00PM Spa Therapy				



30 JUNE 2025 | EVENTS & ACTIVITIES

	MONDAY 30TH						
HIGHLIGHT	AM TRIP - STRAWBERRY PICKING						
ACTIVITIES	AM Trip - Strawberry Picking 1-to-1 Sessions PM Pimms & Tennis Wimbledon with Strawberries & Cream						
CINEMA	Film Showing						
BRIDGEFIT	10AM Wellbeing Check-In 10.30AM - 11.15AM BridgeFit 1st Floor 11.30AM - 12.00PM BridgeFit 2nd Floor 1.30PM - 3.15PM 1-to-1/Group Gym Session						
SALON/SPA	9.00AM - 2.30PM Hairdresser						