



1 - 6 APRIL 2025 | EVENTS & ACTIVITIES

		TUESDAY 1ST	WEDNESDAY 2ND	THURSDAY 3RD	FRIDAY 4TH	SATURDAY 5TH	SUNDAY 6TH
HIGHLIGHT		PM MUSICAL ENTERTAINMENT	AM TRIP - HAWLEY GARDEN CENTRE	PM CHURCH SERVICE AT THE BRIDGE	AM TRIP - EXPLORING KENT LIFE	AM TEA PARTY IN THE GALLERY	PM MOVIE & POPCORN IN THE PICTURE HOUSE
ACTIVITIES		<b>AM</b> April Fools Best Joke Competition Show Your Best Dance Moves  <b>PM</b> Musical Entertainment - Holly Loverlock Arts & Crafts - Spring	<b>AM</b> Trip - Hawley Garden Centre A Trip Down Memory Lane  <b>PM</b> Chefs Demonstration 1-to-1 Sessions	<b>AM</b> A Day in the Life - Laundry Flower Arranging  <b>PM</b> Church Service Social Hub	<b>AM</b> Trip - Exploring Kent Life Cooking Club - Baking  <b>PM</b> Sensory Games Mindfulness	<b>AM</b> Music Appreciation Tea Party in the Gallery  <b>PM</b> Design your own Jockey Horse Racing Game	<b>AM</b> Jewellery Making Bingo  <b>PM</b> Movie & Popcorn in the Picture House Board Games
CINEMA		Film Showing	Film Showing	Film Showing	Film Showing	4pm - Grand National	Film Showing
BRIDGEFIT			<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.00AM</b> BridgeFit 1st Floor  <b>11.05AM - 11.35PM</b> BridgeFit 2nd Floor  <b>11.40AM - 12.30PM</b> 1-to-1		
SALON/SPA		<b>9.00AM - 2.30PM</b> Hairdresser  <b>9.00AM - 2.00PM</b> Spa Therapy	<b>9.00AM - 2.00PM</b> Spa Therapy	<b>9.00AM - 2.30PM</b> Hairdresser			



# 7-13 APRIL 2025 | EVENTS & ACTIVITIES

	MONDAY 7TH	TUESDAY 8TH	WEDNESDAY 9TH	THURSDAY 10TH	FRIDAY 11TH	SATURDAY 12TH	SUNDAY 13TH
HIGHLIGHT	AM TRIP - THE FRIARS	AM ZIMMER ZUMBA	AM CREATIVE MOJO ARTS & CRAFTS	AM TRIP - HALL PLACE	AM PONY THERAPY	PM TRIP - SPRING WALK TO THE LAKE	PM SIP & PAINT IN THE GALLERY
ACTIVITIES	AM Trip - The Friars Sensory Games  PM Darts Competition Yoga	AM Zimmer Zumba Gardening Club  PM Chefs Demonstration 1-to-1 Sessions	AM Men's Club Bingo  PM Arts & Crafts Quiz	AM Trip - Hall Place - Owls & Butterfly Garden Jumbo Card Games  PM Gardening Club Armchair Travel	AM Pony Therapy Social Hub  PM Gardening Club Meditation & Breathing	AM Bingo Lifesize Snakes & Ladders  PM Trip - Spring Walk to the Lake Trivia	AM Walk & Talk Sensory Game - Taste  PM Outdoor Games Sip & Paint in the Gallery
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.00AM BridgeFit 1st Floor  11.05AM - 11.35PM BridgeFit 2nd Floor  11.40AM - 12.30PM 1-to-1		
SALON/SPA	9.00AM - 2.30PM Hairdresser	9.00AM - 2.30PM Hairdresser  9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser			



# 14 - 20 APRIL 2025 | EVENTS & ACTIVITIES

	MONDAY 14TH	TUESDAY 15TH	WEDNESDAY 16TH	THURSDAY 17TH	FRIDAY 18TH	SATURDAY 19TH	SUNDAY 20TH
HIGHLIGHT	AM TRIP - SHOPPING	AM EASTER CHICKS	AM GARDEN GAMES	PM MUSICAL ENTERTAINMENT	AM MEET & GREET ALPACAS	AM TRIP - SPRING WALK TO THE CAFÉ	PM EASTER EGG-STRAVAGANZA
ACTIVITIES	<b>AM</b> Trip - Shopping Word Games  <b>PM</b> Chefs Demonstration Zimmer Zumba	<b>AM</b> Simply Sensory Easter Chicks Arriving  <b>PM</b> Cooking Club - Baking Scrabble & Board Games	<b>AM</b> A Day in the Life - Maintenance Garden Games  <b>PM</b> Guess What's in the Box - Sensory Game Chick Egg Hatching	<b>AM</b> A Trip Down Memory Lane Shuffle Board  <b>PM</b> Musical Entertainment - Cockney Knights 1-to-1 Sessions	<b>AM</b> Kenward Trust - Meet & Greet Alpacas Easter Chicks  <b>PM</b> Mindfulness Knitting Club	<b>AM</b> Trip - Spring Walk to the Café Indoor Bowling  <b>PM</b> Gardening Club Bingo	<b>AM</b> Coffee Morning in the Gallery Easter Cards  <b>PM</b> Easter Event - Easter Egg Hunt & Farm Animals
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.15AM</b> BridgeFit 1st Floor  <b>11.30AM - 12.00PM</b> BridgeFit 2nd Floor  <b>1.30PM - 3.15PM</b> 1-to-1/Group Gym Session		<b>10AM</b> Wellbeing Check-In  <b>10.30AM - 11.00AM</b> BridgeFit 1st Floor  <b>11.05AM - 11.35PM</b> BridgeFit 2nd Floor  <b>11.40AM - 12.30PM</b> 1-to-1		
SALON/SPA	<b>9.00AM - 2.30PM</b> Hairdresser	<b>9.00AM - 2.30PM</b> Hairdresser  <b>9.00AM - 2.00PM</b> Spa Therapy	<b>9.00AM - 2.00PM</b> Spa Therapy	<b>9.00AM - 2.30PM</b> Hairdresser			

HIGHLIGHT: 20TH APRIL 2025 - EASTER EVENT  
WEEK 3



21-27 APRIL 2025 | EVENTS & ACTIVITIES

	MONDAY 21ST	TUESDAY 22ND	WEDNESDAY 23RD	THURSDAY 24TH	FRIDAY 25TH	SATURDAY 26TH	SUNDAY 27TH
HIGHLIGHT	AM TRIP - TRAIL AT CHARTWELL	PM CHEFS DEMONSTRATION	AM CREATIVE MOJO ARTS & CRAFTS	PM MUSICAL ENTERTAINMENT	AM CAT CAFÉ	AM BALLOON BADMINTON	PM THE BRIDGE MINI MARATHON
ACTIVITIES	AM Trip - Trail at Chartwell A Day in the Life - Housekeeping  PM Karaoke Sing-Along Word Association	AM Boules Meditation & Breathing  PM Chefs Demonstration Arts & Crafts	AM Zimmer Zumba Wheel of Fortune  PM Arts & Crafts Ice Cream Factory	AM Sensory Games Smoothie Making  PM Musical Entertainment with Sarah Barker 1-to-1 Sessions	AM Cat Café Podcast - What's Going on in the News  PM Matching Memory Games Social Hub	AM Balloon Badminton Walk & Talk  PM Gardening Club Bingo	AM London Marathon in Picture House Arts & Crafts - Posters  PM The Bridge Mini Marathon Meditation & Breathing
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	9.30am - London Marathon
BRIDGEFIT	10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.00AM BridgeFit 1st Floor  11.05AM - 11.35PM BridgeFit 2nd Floor  11.40AM - 12.30PM 1-to-1		
SALON/SPA	9.00AM - 2.30PM Hairdresser	9.00AM - 2.30PM Hairdresser  9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy	9.00AM - 2.30PM Hairdresser			



# 28 - 30 APRIL 2025 | EVENTS & ACTIVITIES

	MONDAY 28TH	TUESDAY 29TH	WEDNESDAY 30TH				
HIGHLIGHT	PM MUSICAL ENTERTAINMENT	PM DANCE WORKSHOP	AM TRIP - KNOLE PARK				
ACTIVITIES	AM Scrapbooking Meditation & Breathing  PM Musical Entertainment - Daisy Evans Cheese & Wine in the Gallery	AM Zimmer Zumba Music Appreciation  PM International Dance Day - Dance Workshop Mindfulness	AM Trip - Knole Park to see Wild Deer Armchair Travel  PM A Day in the Life - Bistro Cocktails/Mocktails Outdoor Games				
CINEMA	Film Showing	Film Showing	Film Showing				
BRIDGEFIT	10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session		10AM Wellbeing Check-In  10.30AM - 11.15AM BridgeFit 1st Floor  11.30AM - 12.00PM BridgeFit 2nd Floor  1.30PM - 3.15PM 1-to-1/Group Gym Session				
SALON/SPA	9.00AM - 2.30PM Hairdresser	9.00AM - 2.30PM Hairdresser  9.00AM - 2.00PM Spa Therapy	9.00AM - 2.00PM Spa Therapy				

WEEK 5