



1-6 OCTOBER 2024 | EVENTS & ACTIVITIES

		TUESDAY 1ST	WEDNESDAY 2ND	THURSDAY 3RD	FRIDAY 4TH	SATURDAY 5TH	SUNDAY 6TH
ACTIVITIES		<p>AM Trip - Lake</p> <p>PM Lunch Out</p>	<p>AM Horse Racing Game 1-to-1 Interactions</p> <p>PM Arts & Crafts</p>	<p>AM Word Games</p> <p>PM Musical Entertainment Family Who Want to be a Millionaire</p>	<p>AM Ladies Shopping Trip 1-to-1 Interactions</p> <p>PM Bingo Afternoon</p>	<p>AM Cooking Class - Pumpkin Spice Lattes Baking Club - Cookies</p> <p>PM Halloween Decoration Making</p>	<p>AM Church Service In the Papers 1-to-1 Interactions</p> <p>PM Cooking Class - Toffee Apple</p>
CINEMA		Film Showing	Film Showing	Cricket	Cricket	Cricket	Cricket/Rugby Final
BRIDGEFIT			<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
SALON/SPA		<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>			

WEEK 1



7-13 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 7TH	TUESDAY 8TH	WEDNESDAY 9TH	THURSDAY 10TH	FRIDAY 11TH	SATURDAY 12TH	SUNDAY 13TH
ACTIVITIES	<p>AM Open Doors 10am-2pm Musical Entertainment</p> <p>PM Halloween Movie Afternoon</p>	<p>AM Board Games 1-to-1 Interactions</p> <p>PM Horse Racing Game</p>	<p>AM Pumpkin Wreath Making Card Games</p> <p>PM Gent's Shopping Trip</p>	<p>AM Dice Games Question Games</p> <p>PM Word Games 1-to-1 Interactions</p>	<p>AM Party Preparations</p> <p>PM Halloween Murder Mystery Night</p>	<p>AM Dartford Football Game - Gent's Day Out Ladies Bistro Lunch</p> <p>PM Spooky Cocktail Making</p>	<p>AM Church Service In the Papers 1-to-1 Interactions</p> <p>PM Cooking Club - Jelly</p>
CINEMA	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket/Cycling	Cricket/Cycling
BRIDGEFIT	<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
SALON/SPA	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>			

**HIGHLIGHT: 11TH OCTOBER 2024 - HALLOWEEN MURDER MYSTERY
WEEK 2**



14 - 20 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 14TH	TUESDAY 15TH	WEDNESDAY 16TH	THURSDAY 17TH	FRIDAY 18TH	SATURDAY 19TH	SUNDAY 20TH
ACTIVITIES	<p>AM Leaf Painting Word Games</p> <p>PM 1-to-1 Interactions Card Games</p>	<p>AM Trip - Garden Centre</p> <p>PM Tea & Cake Out Bingo</p>	<p>AM Cooking Club - Chocolate Song Quiz</p> <p>PM Arts & Crafts</p>	<p>AM 1-to-1 Interactions Scrabble</p> <p>PM Musical Entertainment General Knowledge</p>	<p>AM Trip - Leeds Castle</p> <p>PM Lunch Out</p>	<p>AM Horse Racing Game Board Games</p> <p>PM Pumpkin Paining</p>	<p>AM Church Service Dice Games</p> <p>PM Spooky Cocktail Making Karaoke</p>
CINEMA	Cricket/Cycling	Cricket/Cycling	Cricket/Cycling	Cricket/Cycling	Cricket/Cycling	Cricket/Cycling	Cricket/Cycling
BRIDGEFIT	<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
SALON/SPA	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>			



21-27 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 21ST	TUESDAY 22ND	WEDNESDAY 23RD	THURSDAY 24TH	FRIDAY 25TH	SATURDAY 26TH	SUNDAY 27TH
ACTIVITIES	<p>AM Halloween Fascinator Making 1-to-1 Interactions</p> <p>PM Musical Entertainment</p>	<p>AM Candle Making Choir Club</p> <p>PM Bingo Afternoon</p>	<p>AM Nature Walk with Local School</p> <p>PM Afternoon Tea with Friends & Family</p>	<p>AM Cooking Club - Cookies Halloween Cookie Decorating</p> <p>PM Musical Entertainment</p>	<p>AM Pumpkin Picking</p> <p>PM Hot Chocolate Making with Nibbles</p>	<p>AM Pumpkin Carving</p> <p>PM Halloween Decoration Making</p>	<p>AM Church Service Halloween Decorating</p> <p>PM Halloween Classics in Playhouse Cinema</p>
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
SALON/SPA	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>			



28-31 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 28TH	TUESDAY 29TH	WEDNESDAY 30TH	THURSDAY 31ST			
ACTIVITIES	<p>AM Word Games 1-to-1 Interactions</p> <p>PM Toilet Roll Race Game 1-to-1 Interactions</p>	<p>AM Autumnal Walk Autumn Tree Making</p> <p>PM Musical Entertainment</p>	<p>AM Memory Games Horse Racing Game</p> <p>PM Arts & Crafts</p>	<p>AM Bingo Tea Pot Decorating</p> <p>PM Cinema Afternoon</p>			
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing			
BRIDGEFIT	<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p>10.15AM - 11.00AM Move to Music Class</p> <p>2.15PM - 3.00PM Strength, Mobility & Relaxation Class</p> <p>3.00PM - 4.30PM 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>				
SALON/SPA	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>	<p>9.30AM - 2.00PM Hairdresser</p>	<p>9.30AM - 2.00PM Hairdresser</p> <p>8.30AM - 2.30PM Spa Therapy</p>			