



# 1-3 NOVEMBER 2024 | EVENTS & ACTIVITIES

					<b>FRIDAY 1ST</b>	<b>SATURDAY 2ND</b>	<b>SUNDAY 3RD</b>
<b>ACTIVITIES</b>					<b>AM</b> Word Games Play your Cards Right  <b>PM</b> Cooking Club Wine & Cheese Tasting	<b>AM</b> Scrapbook Club  <b>PM</b> Musical Entertainment	<b>AM</b> Church Service In the Papers  <b>PM</b> Make a Guy
<b>CINEMA</b>					Film Showing	Film Showing	Film Showing
<b>BRIDGEFIT</b>					<b>10.15AM - 11.00AM</b> Move to Music Class  <b>2.15PM - 3.00PM</b> Strength, Mobility & Relaxation Class  <b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session		
<b>SALON/SPA</b>							

**WEEK 1**



# 4 - 10 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 4TH	TUESDAY 5TH	WEDNESDAY 6TH	THURSDAY 7TH	FRIDAY 8TH	SATURDAY 9TH	SUNDAY 10TH
<b>ACTIVITIES</b>	<p><b>AM</b> Trip - Bluewater Shopping Centre</p> <p><b>PM</b> Chefs Demonstration Cooking Club - Lemon Drizzle</p>	<p><b>AM</b> Set up Decorations for Afternoon Event</p> <p><b>PM</b> Musical Entertainment Fireworks Night Event</p>	<p><b>AM</b> Open Doors 10am-2pm Bridge Choir</p> <p><b>PM</b> Arts &amp; Crafts</p>	<p><b>AM</b> Trip - Garden Centre</p> <p><b>PM</b> Arts &amp; Crafts</p>	<p><b>AM</b> Scrapbook Club Word in a Word Game</p> <p><b>PM</b> Puzzles Clay Poppy Making</p>	<p><b>AM</b> 1-to-1 Interactions Poppy Making</p> <p><b>PM</b> Decorating for Remembrance Sunday</p>	<p><b>AM</b> Remembrance Sunday Church Service War Tribute on TV Musical Entertainment</p> <p><b>PM</b> War Movies in Playhouse Cinema</p>
<b>CINEMA</b>	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
<b>BRIDGEFIT</b>	<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
<b>SALON/SPA</b>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>			

**HIGHLIGHT: 5TH NOVEMBER 2024 - FIREWORKS NIGHT EVENT  
WEEK 2**



# 11-17 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 11TH	TUESDAY 12TH	WEDNESDAY 13TH	THURSDAY 14TH	FRIDAY 15TH	SATURDAY 16TH	SUNDAY 17TH
<b>ACTIVITIES</b>	<p><b>AM</b> Arts &amp; Crafts</p> <p><b>PM</b> Hot Chocolate &amp; Games</p>	<p><b>AM</b> Song Quiz Horse Racing</p> <p><b>PM</b> Guess Who</p>	<p><b>AM</b> 1-to-1 Interactions</p> <p><b>PM</b> Arts &amp; Crafts</p>	<p><b>AM</b> Trip - Mini Golf</p> <p><b>PM</b> Arts &amp; Crafts</p>	<p><b>AM</b> Dice Games 1-to-1 Interactions</p> <p><b>PM</b> Scrapbook Club</p>	<p><b>AM</b> Cooking Club</p> <p><b>PM</b> Trip - Crayford Dogs</p>	<p><b>AM</b> Church Service Musical Entertainment</p> <p><b>PM</b> Board Games</p>
<b>CINEMA</b>	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
<b>BRIDGEFIT</b>	<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
<b>SALON/SPA</b>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>			



# 18-24 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 18TH	TUESDAY 19TH	WEDNESDAY 20TH	THURSDAY 21ST	FRIDAY 22ND	SATURDAY 23RD	SUNDAY 24TH
ACTIVITIES	<p><b>AM</b> Bridge Choir</p> <p><b>PM</b> Cooking Club - Bread Pudding</p>	<p><b>AM</b> Word Games Dice Games</p> <p><b>PM</b> Musical Entertainment</p>	<p><b>AM</b> 1-to-1 Interactions</p> <p><b>PM</b> Arts &amp; Crafts</p>	<p><b>AM</b> Trip - Dartford Market</p> <p><b>PM</b> Tea &amp; Coffee Out</p>	<p><b>AM</b> Bingo</p> <p><b>PM</b> Musical Entertainment</p>	<p><b>AM</b> Scrapbook Club Board Games</p> <p><b>PM</b> Trip - Theatre</p>	<p><b>AM</b> Church Service In the Papers</p> <p><b>PM</b> 1-to-1 Interactions</p>
CINEMA	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing
BRIDGEFIT	<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
SALON/SPA	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>			



# 25 - 30 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 25TH	TUESDAY 26TH	WEDNESDAY 27TH	THURSDAY 28TH	FRIDAY 29TH	SATURDAY 30TH	
<b>ACTIVITIES</b>	<p><b>AM</b> Trip - Christmas Shopping for Presents</p> <p><b>PM</b> Lunch Out</p>	<p><b>AM</b> Bridge Choir Meditation &amp; Yoga</p> <p><b>PM</b> Cooking Club - Ginger Bread</p>	<p><b>AM</b> Resident's Choice - Games</p> <p><b>PM</b> Arts &amp; Crafts</p>	<p><b>AM</b> Calendar Making 1-to-1 Interactions</p> <p><b>PM</b> Trip - Walk to the Cafe</p>	<p><b>AM</b> Arts &amp; Crafts</p> <p><b>PM</b> Board Games Casino Night with Musical Entertainment</p>	<p><b>AM</b> Scrapbook Club</p> <p><b>PM</b> Bingo Night</p>	
<b>CINEMA</b>	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	Film Showing	
<b>BRIDGEFIT</b>	<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15AM - 11.00AM</b> Move to Music Class</p> <p><b>2.15PM - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00PM - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
<b>SALON/SPA</b>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p>	<p><b>9.30AM - 2.00PM</b> Hairdresser</p> <p><b>8.30AM - 2.30PM</b> Spa Therapy</p>			

## WEEK 5