



THE BRIDGE

Issue. 04

Newsletter

January 2025

Recent Events



Great British Care Awards

The Bridge has won the Care Home Team of the Year Award for the South East Region, a testament to the hard work and dedication of our incredible team. Adding to this achievement, we've also been selected as finalists for the National Care Home Awards, taking place in March 2025.

Mock Inspections

During a mock inspection on 6th November, we were rated **"Outstanding"** across all areas. This demonstrates our commitment to providing the highest standard of care. Visit our Facebook page for a detailed write-up and pictures from the day.

MOCK INSPECTION REPORT

Date of Audit: 18th October 2024
Duration of Audit: 1 day on-site
Date of report: 4th November 2024

| OUTSTANDING OVER 87% | GOOD 63% - 87% | REQUIRES IMPROVEMENT 39% - 62% | INADEQUATE 25 - 38% |
|--------------------------------------|-------------------|--------------------------------------|------------------------|
| Care 4 Quality Rating Opinion | | | |
| | Score | % | RATING |
| SAFE | 26 | 81 | Good |
| EFFECTIVE | 20 | 83 | Good |
| CARING | 18 | 90 | Outstanding |
| RESPONSIVE | 24 | 86 | Good |
| WELL-LED | 25 | 89 | Outstanding |
| SERVICE RATING | | Outstanding | |



Fireworks Night

Our Fireworks Night was a magical evening filled with laughter, light and warmth. Families, friends, and residents came together to enjoy sparklers, delicious mulled wine and a dazzling display that lit up the sky!



Remembrance Day

On Remembrance Day, our community came together to honour the sacrifices of those who served. Residents and staff shared a peaceful moment, highlighted by Joan reading "The Fallen" poem, while handcrafted poppies created with Age UK added a heartfelt touch to the day.



Cockney Night

Residents enjoyed a fantastic evening with classic Cockney food, drinks, and lively entertainment. The atmosphere was filled with the charm of Cockney tunes and plenty of fun, making it a memorable night for everyone.

Casino Night

Casino Night was a great success! The room was filled with excitement as residents and guests tried their luck at the tables. A special thanks to Reynolds Retreat for providing the incredible spa day prizes - your generosity added an extra spark to the evening.



Festive Activities

Pantomime

Our pantomime outing was a true highlight, as residents enjoyed the magical performance of Sleeping Beauty, filled with laughter, singing and joy.



Christmas Fête

Our Christmas Fête was a huge success, bringing the community together in a celebration of festive spirit. The event featured stalls, delicious treats, and amazing performances, creating a joyful atmosphere for everyone. It was the perfect way to start the Christmas season!

Children's Choir

The students from Our Lady's Catholic Primary School brought excitement to our residents with their wonderful singing. It was a lovely visit that brightened the season for everyone. A big thank you to these talented young singers for sharing their time and voices with us!





London Christmas Lights

The Bridge took a group of residents to see the London Christmas Lights, and it was a peaceful outing. The city was lit up with decorations, and it was great to watch our residents take in the festive sights as we drove through the streets.

Our First Christmas

Our first Christmas at The Bridge was a time for reflection and connection. The festive decorations and activities helped bring everyone together, creating a calm yet joyful atmosphere. It wasn't about extravagant celebrations, but about enjoying the little moments that made this Christmas special for our residents and staff!



New Year's Eve Party

To ring in 2025, our residents enjoyed an evening of fun at our New Year's Eve party. The night included party games, delicious treats, making it a warm and memorable start to the new year. Here's to a wonderful year ahead!

Health & Wellbeing

BridgeFit

At The Bridge, our wellbeing programme helps residents stay active, engaged and energised through activities like yoga, walking and group exercises. These sessions improve mobility, boost confidence and encourage social connections, making fitness enjoyable and accessible for everyone. Staying active not only strengthens the body but also enhances mental health and overall quality of life, supporting our residents in living with vitality and joy.



Community Engagement



Lonely at Christmas

This Christmas, we started our "Lonely at Christmas" campaign to offer some comfort to those spending the holidays alone. We teamed up with local groups to bring together people for festive activities and some much-needed company. The response was extremely moving.

Councillor Visit

We welcomed Councillor Clement Quaquamey to The Bridge. His visit brought meaningful conversations and highlighted the importance of celebrating and supporting our elderly residents and the wider community.





Dining

Fine Dining

We are proud of our fine dining offerings. Residents and guests can enjoy a special meal experience by booking in advance. Perfect to bring friends and family together to celebrate special occasions such as birthdays or anniversaries.



JAGGER'S MENU

STARTER

CROQUE SAINT JACQUES
Scallops in a creamy wine sauce topped with breadcrumbs

WILD MUSHROOM TART (V)
Field mushrooms with smoked beetroot & pecorino cheese

DUCK CROSTINI
Shredded duck on artisan bread topped with a creamy goats cheese mouse & herbs

MAIN

MARINATED LAMB SHANK
Rosemary & wine infused lamb shank served with dauphinoise potatoes & seasonal veg

SALMON PROVENÇAL (GF)
Mediterranean baked salmon served with crushed new potatoes & seasonal veg

STEAK
British steak served with mustard mash, crushed new potatoes & seasonal veg

VEGETABLE WELLINGTON (V)
Flaky puff pastry filled with vegetables served with sweet potato mash & seasonal veg

DESSERT

LEMON SORBET IN A CAPRI LEMON (VG)

VANILLA PANNA COTTA WITH CHAMPAGNE JELLY & BERRIES (GF)

CHOCOLATE FONDANT WITH SALTED CARAMEL ICE CREAM

WINE

OUR WINE SELECTION IS EVER-CHANGING, OFFERING A NEW CURATED EXPERIENCE WITH EVERY MEAL

MERLOT
A smooth, medium-bodied red wine with flavours of black cherry, plum and hints of chocolate, making it an approachable choice for our meat dishes

CHARDONNAY
This light to medium-bodied white wine is fruit-forward with crisp and citrusy notes recommended with our scallop starter or salmon main course

PROVENCE ROSÉ
A light, crisp and refreshing rosé wine with delicate flavours of red berries, citrus, and a hint of minerality perfect pairing for our vegetarian dishes

PLEASE MAKE US AWARE OF ANY ALLERGIES & DIETARY REQUIREMENTS YOU MAY HAVE.

New Menu

We have updated our Jagger's Fine Dining and The Gallery Bar Bistro menus to ensure our resident's and their guests continue to enjoy their dining experiences with us.

Catering Team

The Bridge would like to welcome our new catering team - Hayley and Matus!

With 13 years of experience in school kitchens and care homes, Hayley is a dedicated chef who takes pride in creating delicious and nourishing meals. Her passion for cooking shines through in every dish, especially in crafting hearty and satisfying mains that bring people together. With a keen eye for balancing flavour, nutrition, and creativity, she ensures every meal not only tastes amazing but also meets the needs of those she serves.



Haley

With 18 years of culinary expertise, Matt is a seasoned chef whose passion for food has shaped his career across pubs, restaurants, and care homes. He has a deep understanding of creating meals that bring joy to every diner, with a true specialty in delivering mouthwatering mains that showcase his creativity and dedication to flavour. Whether crafting hearty classics or innovative dishes, he thrives on exceeding expectations and ensuring every plate is a delight. Driven by his love for the job, Matt combines skill, care, and commitment to making every meal memorable.



Matt

Special Recognition

Employee of the Month

Well done to MS for December. They received a certificate, Prosecco and a gift voucher!



Did You Know?

Kieran F, The Bridge's Administrator ran 26 miles in January 2025 to raise money for prostate cancer.

The Bridge is 1!

This February marks 1 year since The Bridge Care Home opened its doors, and we're proud to celebrate a year of providing compassionate care and building a vibrant community.





Upcoming Events

Spanish Night
30th January | 6.00pm



Comedy Night
28th February | 6.00pm



Mother's Day Event
30th March | TBD



What People Are Saying!

We're grateful for the wonderful reviews on Carehome.co.uk and Google. Your feedback is invaluable to us! Please take a moment to share your experience. Thank you for being a part of The Bridge Care Home community.



The Bridge Care Home

"The team at The Bridge has shown my mother great compassion. Their experience with dementia sufferers has been crucial to improving her wellbeing. We feel relief that she is safe and being cared for by such an excellent team - from the managers to the carers to the staff in the bistro, on reception and behind the scenes. Communication with family is always forthcoming. The activities offered are wonderful. The Bridge team truly understands community."

- carehome.co.uk review

