



THE BRIDGE

Issue. 02

Newsletter

July 2024

Recent Events



Vintage Tea Party

Our Vintage Tea Party was a delightful event with live entertainment by Shane Milligan, who performed vintage 20s music. Everyone had a fantastic time, and we captured some wonderful moments in pictures.

The Bridge BBQ

A sunny day complemented our Bridge BBQ, featuring live entertainment from Sonny and The Harp. Residents and staff alike enjoyed the delicious food and great music.



Bowling Trip

Residents enjoyed a fun-filled day at Tenpin Bowling in Bexleyheath. The outing was a hit, with most residents participating and having a great time.



Health & Wellbeing

Motivational Mondays & Well-being Wednesdays

We prioritise staff wellness with mini stretch and relaxation sessions every Monday and Wednesday. These sessions are available to all staff, promoting a positive work environment and enhancing job satisfaction. Our Health and Wellbeing Lead, Jane, ensures these sessions run weekly and encourages everyone to participate.



Healthy Vitamin Shot

Our new initiative, the Healthy Vitamin Shot, is a great addition to support fall prevention and boost vitamin intake for our residents. These shots are enjoyed during BridgeFit sessions, contributing significantly to their overall health and wellbeing.

Community Engagement

Age UK Visits

Age UK regularly joins us for a day filled with activities, meals, and socialising. Their visits are always a joy for both residents and staff.



Crossroads Counselling

We are offering our therapy room to Crossroads for providing counselling to carers every Wednesday for 14 weeks. This initiative supports the mental health and well-being of those who care for others.

Thanks to Women Owned Business

Women owned business' have decided to disband and we would like to give a heartfelt thank you to them for gifting us the balloon decorations for our Summer Fete as a thank you for being able to hold their meetings at The Bridge Care Home.





Dining

Fine Dining

We are proud of our fine dining offerings. Residents and guests can enjoy a special meal experience by booking in advance.

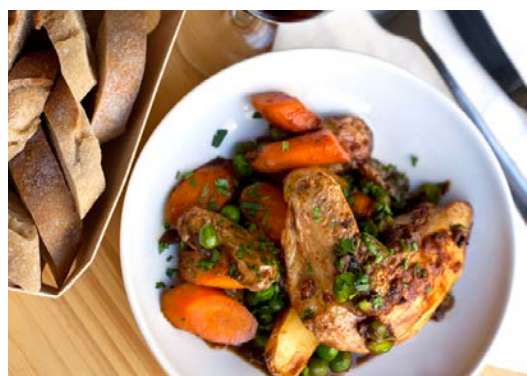


5 Star Rating!

We are proud to announce that our kitchen received a 5-star food hygiene rating from Environmental Health, reflecting our commitment to maintaining the highest standards of cleanliness, safety, and food quality. This achievement ensures the safety and nutrition of our residents, building trust and confidence among residents, families and staff.

Autumn Menu

Starting next month, our menu will transition to autumn-themed dishes, featuring warm and hearty comfort foods perfect for the cooler, rainy days.



Special Recognition

Managers Race for Life

Our managers, Stacey, Sian and Kieran, along with their partners, participated in the Pretty Muddy 5k Race for Life. They raised an impressive £1025 for Cancer Research. Well done, team!



Ron's Bench

In honour of Ronald Lehane, our first resident and a skilled carpenter, his family provided a bench for him to work on and enjoy in the garden. A commemorative plaque was also created to celebrate his place in The Bridge family.

Staff of the Month & Managers Nomination

- Staff Member of the Month: Amy Kelly (Domestic)
- Manager's Nomination: Anna Fuller (Carer)

They receive a certificate, prosecco and a gift voucher! Congratulations to Amy and Anna for their outstanding work!



Birthdays

Resident Birthdays

- Sidney Jonas - 19/07
- Faith Waghorn - 22/08

Staff Birthdays

- Chloe C (Carer) - 27/07
- Tosin O (Senior Carer) - 05/08
- Kath F (Domestic) - 28/08
- Lucy K (Chef) - 13/09
- Olga V (Laundry) - 01/10





Upcoming Events

Crayford Dog Race
13th July | 2pm



Tune Town Karaoke
19th July | 1pm



Wingham Wildlife Park
30th July



What People Are Saying!

We're grateful for the wonderful reviews on Carehome.co.uk and Google. Your feedback is invaluable to us! Please take a moment to share your experience. Thank you for being a part of The Bridge Care Home community.



The Bridge Care Home

"Cannot believe our good fortune in discovering The Bridge Care Home, it really does tick all the boxes in every way. They have achieved the perfect mix of first-rate, quality in all areas from the everyday needs such as accommodation and food etc in a stimulating environment, to the care needs of the individual. In every area, the staff give their best in a most efficient and pleasant manner."



- carehome.co.uk review