



# 1-2 JUNE 2024 | EVENTS & ACTIVITIES

						<b>SATURDAY 1ST</b>	<b>SUNDAY 2ND</b>
<b>ACTIVITIES</b>						<b>AM</b> Gardening Club Flower Arranging <b>PM</b> Word Game Dice Game	<b>AM</b> Church Visit In the Papers <b>PM</b> Cooking Club - Waffles Board Games
<b>CINEMA</b>						Film Showing	Film Showing
<b>BRIDGEFIT</b>							
<b>SALON/SPA</b>							

**WEEK 1**



# 3-9 JUNE 2024 | EVENTS & ACTIVITIES

	MONDAY 3RD	TUESDAY 4TH	WEDNESDAY 5TH	THURSDAY 6TH	FRIDAY 7TH	SATURDAY 8TH	SUNDAY 9TH
<b>ACTIVITIES</b>	<p><b>AM</b> Chef Demonstration Cooking Club - Biscuits</p> <p><b>PM</b> Cheese Tasting in the Gallery Music &amp; Stories</p>	<p><b>AM</b> A Day in the Life - Maintenance</p> <p><b>PM</b> Arts &amp; Crafts Dice Game</p>	<p><b>AM</b> Church Service Open Doors 10am-2pm Ladies Spa Day at Icons with Afternoon Tea</p> <p><b>PM</b> Musical Entertainment</p>	<p><b>AM</b> Walking Club - Bridge Estate Nature Watching</p> <p><b>PM</b> Science Club</p>	<p><b>AM</b> Gardening Club Bird Watching &amp; Feeding</p> <p><b>PM</b> Men's Day - Pub Trip with Lunch</p>	<p><b>AM</b> In the Papers Horse Racing Game</p> <p><b>PM</b> Puzzles Scrabble</p>	<p><b>AM</b> Church Visit General Knowledge Quiz</p> <p><b>PM</b> Flower Arranging Making Smores on the Balcony</p>
<b>CINEMA</b>	Film Showing	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket
<b>BRIDGEFIT</b>	<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
<b>SALON/SPA</b>	Hairdresser	Spa Therapy	Hairdresser Spa Therapy	Spa Therapy	Hairdresser		



# 10-16 JUNE 2024 | EVENTS & ACTIVITIES

	MONDAY 10TH	TUESDAY 11TH	WEDNESDAY 12TH	THURSDAY 13TH	FRIDAY 14TH	SATURDAY 15TH	SUNDAY 16TH
ACTIVITIES	<p><b>AM</b> Resident Day Out</p> <p><b>PM</b> Bird Watching &amp; Feeding Movie Afternoon in Playhouse Cinema</p>	<p><b>AM</b> Arts &amp; Crafts - Hawaiian Decorations</p> <p><b>PM</b> Gardening Club Flower Arranging</p>	<p><b>AM</b> Church Service Cooking Club - Ice Lollies</p> <p><b>PM</b> Pottery Making General Knowledge Quiz</p>	<p><b>AM</b> Chef Demonstration Pottery Painting</p> <p><b>PM</b> Cocktail Making &amp; Tasting in the Gallery</p>	<p><b>AM</b> In the Papers</p> <p><b>PM</b> Hawaiian Party with Friends &amp; Family</p>	<p><b>AM</b> A Day in the Life - Domestic</p> <p><b>PM</b> Pub Lunch Pub Games</p>	<p><b>AM</b> Church Visit Father's Day Brunch with Friends &amp; Family</p> <p><b>PM</b> Entertainment</p>
CINEMA	Cricket	Cricket	Cricket	Golf Open/Cricket	Golf Open/Cricket	Le Mans/Golf Open/Cricket	Le Mans/Golf Open/Cricket
BRIDGEFIT	<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
SALON/SPA	Hairdresser	Spa Therapy	Hairdresser Spa Therapy	Spa Therapy	Hairdresser Spa Therapy		

**HIGHLIGHT: 14TH JUNE 2024 - HAWAIIAN PARTY WEEK 3**



# 17-23 JUNE 2024 | EVENTS & ACTIVITIES

	MONDAY 17TH	TUESDAY 18TH	WEDNESDAY 19TH	THURSDAY 20TH	FRIDAY 21ST	SATURDAY 22ND	SUNDAY 23RD
<b>ACTIVITIES</b>	<p><b>AM</b> A Day in the Life - Laundry Assistant</p> <p><b>PM</b> Book Club Arts &amp; Crafts</p>	<p><b>AM</b> Chef Demonstration Cooking Club - Cupcakes</p> <p><b>PM</b> Picnic in the Park for Lunch</p>	<p><b>AM</b> Church Service Horse Racing Game Art &amp; Crafts</p> <p><b>PM</b> Gin Tasting in The Gallery Music &amp; Stories</p>	<p><b>AM</b> Walking Club - Danson Park Bird Watching</p> <p><b>PM</b> Lunch Out</p>	<p><b>AM</b> Gardening Club Bird Feeding</p> <p><b>PM</b> World Music Day - Music Tributes in Playhouse Cinema</p>	<p><b>AM</b> Royal Family Documentary in Playhouse Cinema Debates &amp; Reviews</p> <p><b>PM</b> Musical Entertainment</p>	<p><b>AM</b> Church Visit In the Papers</p> <p><b>PM</b> Home Olympics Day at Dartford Park</p>
<b>CINEMA</b>	Cricket	Cricket/Ascott	Cricket/Ascott	Cricket/Ascott	Cricket/Ascott	Cricket/Ascott	Cricket
<b>BRIDGEFIT</b>	<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
<b>SALON/SPA</b>	Hairdresser	Spa Therapy	Hairdresser Spa Therapy	Spa Therapy	Hairdresser Spa Therapy		



# 24 - 30 JUNE 2024 | EVENTS & ACTIVITIES

	MONDAY 24TH	TUESDAY 25TH	WEDNESDAY 26TH	THURSDAY 27TH	FRIDAY 28TH	SATURDAY 29TH	SUNDAY 30TH
<b>ACTIVITIES</b>	<p><b>AM</b> Gardening Club Flower Arranging</p> <p><b>PM</b> Care Home Open Week - BBQ in the Garden</p>	<p><b>AM</b> 10 Pin Bowling Lunch Out</p> <p><b>PM</b> Pamper Afternoon with Nibbles &amp; Movies</p>	<p><b>AM</b> Church Service In the Papers</p> <p><b>PM</b> Bird Watching &amp; Feeding</p>	<p><b>AM</b> A Day in the Life - Kitchen Assistant</p> <p><b>PM</b> Musical Entertainment Board Games</p>	<p><b>AM</b> Chef Demonstration Matariki NY Celebration &amp; Tasting</p> <p><b>PM</b> Flower Picking Making Daisy Chain Bracelets</p>	<p><b>AM</b> Walking Club - Danson Park Feeding the Ducks</p> <p><b>PM</b> Picnic in the Park - Fruit Platters</p>	<p><b>AM</b> Church Visit Coffee &amp; Snacks with Friends &amp; Family in The Gallery</p> <p><b>PM</b> Arts &amp; Crafts</p>
<b>CINEMA</b>	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket/Tour de France	Cricket/Tour de France
<b>BRIDGEFIT</b>	<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		<p><b>10.15 - 11.00AM</b> Move to Music Class</p> <p><b>2.15 - 3.00PM</b> Strength, Mobility &amp; Relaxation Class</p> <p><b>3.00 - 4.30PM</b> 1-to-1 Gym Session 1-to-1 Room Visit 1-to-1 Balance Session</p>		
<b>SALON/SPA</b>	Hairdresser	Spa Therapy	Hairdresser Spa Therapy	Spa Therapy	Hairdresser Spa Therapy		